

#### A discussion on cross-cultural communication

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### GOALS

- Definitions
- Engage in conversation about cultural competence and cross cultural-communication
- Share ideas on effective ways to promote cross-cultural dialogue



### **DEFINITION**

#### Cultural Competence:

 The ability to understand, appreciate, and interact with persons from other cultures and/or belief systems other than one's own, based on various factors.

- Segens Medical Dictionary



### **CROSS-CULTURAL COMMUNICATION**

• The interaction with persons of different cultural, ethnic, racial, gender, sexual orientation, religious, age and class background.



### MICRO AGGRESSION

 A subtle but offensive comment of action directed at a minority or other nondominant group that is often unintentional or unconsciously reinforces a stereo type.



### WHAT DO YOU THINK?

- Cross-cultural competence is a process.
- Speaking different languages makes me competent.
- Being around different cultures makes me competent.
- Learning about myself is just as important as learning about others.



### MAJOR COMPONENTS OF CULTURAL COMPETENCY

- Awareness- valuing diversity
- Attitude- believing in the importance of diversity
- Knowledge- understanding cultural impacts
- Effective Action- using skills to be productive



# Why is cross-cultural competence important in our profession?



#### COMMUNICATION

## 55% of our communication comes from body language.



### **COMMUNICATION CUES**

- Weak handshake
- Avoiding eye contact
- Staring
- Fidgeting
- Slouching
- Crossing your arms



### APPLY THE PLATINUM RULE

# "Treat others the way you want to be treated"



#### SEEK FIRST TO UNDERSTAND ...and be understood

"You may say you care and appreciate me but, how can you appreciate me when you don't even understand me?"



### AGREE TO DISAGREE ...without being insulting

### "Agreeing to disagree is better than unexpressed disagreement."



### **USE LABELS APPROPRIATELY** ...and treat people with dignity and respect.

### "My team is made up of Roger, Wayne, Emily and a Hispanic guy."



### APPLY THE HUMOR TEST

Is what I am saying or doing...

- Professional?
- Respectful?
- Stereotyping?
- Disparaging?



# Although English is considered the international language of business, only 800 million people around the world are native English speakers.

### There are 7 Billion people in the world.



### YOUR THOUGHTS

- How would you define "cross-cultural" competence?
- What are some of the opportunities in your position to enhance your cross-cultural competence?



### CULTURAL COMPETENCY

- Proactively builds and maintains relationships with international and external customers.
- Anticipates customer needs and then responds quickly and effectively.
- Builds associations and contributes to team /organizational success.
- Maintains good relationships with others.
- Fosters a climate of inclusion, where diverse thoughts are freely shared and integrated.
- Works and responds effectively with people of all backgrounds and viewpoints in a manner that acknowledges, affirms, and values, their differences, similarities, and worth.

-Interpersonal/Intercultural Competency, HFS

